

ORDINANCE NO - 119

CERTIFICATE COURSE IN YOGA

(Approved with Government's letter No. 7080/3446/2004/RS/U. 4 Date 3-12-2004)

1. The course shall be termed as CERTIFICATE COURSE IN YOGA.
2. **Duration of Course**
 - a. The course shall be four months duration in two sessions starting from August and January respectively.
3. **Eligibility for Admission**
 - a. 10th Standard High School.
 - b. No age limit
 - c. General physical fitness shall be required.
4. **Fee structure**
 - a. Fee shall be charged as per decisions of the University declared from time to time.
5. **Examination**
 - a. The examination shall be held on such date as may be fixed by the Shiksha Samiti.
 - b. The panel of examiners shall be proposed by the Director or the Incharge of Yoga Centre in consultation with senior most Instructor/Teacher.

SCHEME OF PAPERS

S. No.	Paper	Denomination		Max. Marks	Min. Marks	Total
1.	I st	Theory	Yoga & Aspect of Yoga	100	33	100
2.	I st	Practical	Asana Pranayama Mudra Bandha	75	25	100
		Viva	Asana Pranayama Mudra Bandha	25	8	
3.	II nd	Practical	Meditation	75	25	100
		Viva	Meditation	25	8	
Grand Total						300

6. **Percentage and Division**
 1. Third Division ó Minimum 33% of the Aggregate.
 2. Second Division 45% of the aggregate.
 3. First Division 60% of the aggregate
 4. Distinction ó 75% and above
7. The candidate shall have to obtain minimum passing marks in practicals and theory separately.
8. University rules and regulation of Indira Kala Sangeet Vishwavidyalaya relating to examination shall be deemed incorporated in this ordinance as well.

Scheme of Papers

Sl. No.	Paper	Denomination		Max. Marks	Min. Marks	Total
1.	I st	Theory	Yoga ó An Introuduction	100	33	100
2.	I st	Practical	Asana Pranayama Mudra Bandha	75	25	100
		Viva	Asana Pranayama Mudra Bandha	25	08	
3.	II nd	Practical	Meditation	75	25	100
				25	08	
		Viva	Meditation			
Grand Total						300

9. Division

Division system shall be as per university rule.